



## IMPORTANT DATES:

Monday 1st January:  
Centre **OPEN** 8am - 6pm

Friday 26th January:  
Centre **OPEN** 8am - 6pm

Saturday 27th January: Regular programs resume.

## JANUARY HOLIDAY EXPRESS PROGRAM

The Holiday *Express* Program is a great way for children to quickly develop and improve their swimming skills. It is also a fun activity to do during the school holidays!

### Dates:

- Monday 8th - Friday 12th (5 day program)
- Monday 15th - Friday 19th (5 day program)
- Monday 22nd - Thursday 25th (4 day program)

Spaces are filling fast so ensure you enrol soon to avoid disappointment! Call 1300 11 SWIM to enrol.

## IS YOUR CHILD STARTING SCHOOL IN THE NEW YEAR?

If your child is currently enrolled in our Preschool Age program and is starting school in the New Year, don't forget to move their swimming lesson to our School Age Program. Be sure to get in quick before spaces fill up!

## EZYSWIM PROGRAM WEEKLY SKILLS

These skills are incorporated into each session.

27/1/18-31/1/18

Tadpole/Frog/WSC: Survival Swim Seahorse and above: Catch, push & pull

Marlins: Freestyle & Dives

Shark: Freestyle & Backstroke

## CUSTOMER SURVEY

Our Annual Customer Satisfaction Survey will run from Tuesday 9th January – Monday 15th January for all Ezyswim Customers and Tuesday 16th January - Monday 22nd January for Centre Members. You will automatically receive an email with the link to the survey on the day it opens.

The survey will only take approximately 15 minutes, and your feedback is important to us! In addition, for each completed survey response, Aquatic Leisure Management will be donating \$1 to our principal charity, The Royal Institute for Deaf & Blind Children (RIDBC).

## RACE NIGHT

Our first Race Night for 2018 will be **Friday 2nd February** starting at 5.30pm.

To participate, pre-registration is compulsory. Forms will be published on our website at the end of January, [www.mosmanswimcentre.com.au](http://www.mosmanswimcentre.com.au) and will also be available at reception. Registration forms must be returned to reception by 5pm, Wednesday 31st January. Race night is free for all Ezyswim customers in Platypus Level and above.

## GIANT POOL INFLATABLE

Looking for some holiday fun? We will be setting up the Giant Pool Inflatable EVERY Wednesday between 2pm-5pm in January! The Giant Pool Inflatable is available for children 12 years and under who can swim 25 meters. Use of the Inflatable is free after general centre entry. Bring along your family and friends and join in!

## KEEP WATCH POLICY

A friendly reminder that our Centre is an active participant in Royal Life Savings Keep Watch program. In accordance with this program, please ensure that any child who is under 5 or a non-swimmer is kept within arm's reach of a parent or guardian at all times. Children who can swim and are under the age of 10 must be kept within constant supervision.

## SWIMMING TEACHER TIMETABLE

A friendly reminder that many of our instructors attend College or University. We anticipate that these changes will affect the teacher timetable when University commences in late February. As always we try our best to minimize the disruption by utilizing set lesson plans, conducting professional handovers where possible and, as a team, highly value consistency. We thank you for your patience during this time.

### LAP SWIMMING ETIQUETTE

Please use common sense and consider the safety of others while swimming past. Please keep to the left at all times.

### Leisurely Lap Swimming

These lanes cater for slower paced swimmers and are ideal for breaststroke and aqua jogging.

### Medium Lap Swimming

These lanes are suitable for medium paced swimmers.

### Faster Lap Swimming

These lanes are suitable for faster paced swimmers (under 30s per lap). Fast kicking with a board is permitted in these lanes.

**ADULT PROGRAM TIMETABLE – resumes 27/1/18. Please refer to our Summer Period Timetables between 1/1/18-26.1.18.**

Please note – every effort will be made to adhere to the timetable but Mosman Swim Centre reserves the right to change or alter classes as necessary. Updates are available on the Mosman Swim Centre website [www.mosmanswimcentre.com.au](http://www.mosmanswimcentre.com.au)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5.00am	Surf & Tri	Surf & Tri	Surf & Tri	Surf & Tri	Surf & Tri		
6.15am			Health & Fit		Health & Fit		
7.00am						Health & Fit	
8.00am						Aqua Combo	
8.15am	Aqua Shallow	Aqua Combo	Aqua Shallow	Aqua Combo	Aqua Shallow		
9:30am		Health & Fit		Health & Fit			
12:00pm							Aqua Combo
6.30pm	Aqua Deep	Health & Fit	Health & Fit	Health & Fit			

Please be advised class bookings are not taken and classes are capped for health and safety reasons. Participants are advised to arrive early to avoid disappointment.

**NO CLASSES ARE HELD ON PUBLIC HOLIDAYS.** Full class descriptions are available in our brochures.

**POOL INFLATABLE AVAILABILITY** – Available between 2-5pm on the third Sunday of the month (February – November excluding public holidays) & between 2-5pm on every Wednesday in January 2018.

**EZYSWIM RACE NIGHTS** – On the 1st Friday of the month between 5.30-6.45pm between February – December (excluding School Holidays). Next date is 2/2/18.

**LANE AVAILABILITY JANUARY 2018**

Please note – every effort will be made to adhere to the timetable but Mosman Swim Centre reserves the right to change or alter classes as necessary. Updates are available at [www.mosmanswimcentre.com.au](http://www.mosmanswimcentre.com.au)

DATE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
5.00am		2	2	2	2			2	2	2	2	2			2	2	2	2	2			2	2	2	2				2	2	2
5.30am		2	2	2	2			2	2	2	2	2			2	2	2	2	2			2	2	2	2				2	2	2
6.00am		2	2	2	2			2	2	2	2	2			2	2	2	2	2			2	2	2	2				2	2	2
6.30am		2	2	2	2			2	2	2	2	2			2	2	2	2	2			2	2	2	2				2	2	2
7.00am		2	2	2	2	3	6	2	2	2	2	2	3	6	2	2	2	2	2	3	6	2	2	2	2		2	6	2	2	2
7.30am		2	6	2	2	3	6	2	2	6	2	2	3	6	2	2	6	2	2	3	6	3	3	3	3	6	2	6	2	2	2
8.00am	6	3	3	3	3	3	6	3	3	3	3	3	3	6	3	3	3	3	3	3	6	3	3	3	3	6	2	2	3	3	3
8.30am	6	3	3	3	3	3	6	3	3	3	3	3	3	6	3	3	3	3	3	3	6	3	3	3	3	6	2	2	3	3	3
9.00am	6	6	6	6	6	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	3	3	3
9.30am	6	6	6	6	6	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	3	2	3
10.00am	6	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	3	2	3
10.30am	6	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	3	3	3
11.00am	6	3	6	3	6	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	3	3	3
11.30am	6	3	6	3	6	6	6	3	3	3	3	3	6	6	3	3	3	3	3	6	6	3	3	3	3	6	2	2	4	6	4
12.00pm	6	6	6	6	6	6	3	6	6	6	6	6	6	3	6	6	6	3	6	6	3	6	6	6	6	6	2	2	6	6	6
12.30pm	6	6	6	6	6	6	3	6	6	6	6	6	6	3	6	6	6	3	6	6	3	6	6	6	6	6	4	2	6	6	6
1.00pm	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	3	6	6	6	6	6	6	6	6	2	5	6	6	6
1.30pm	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	3	3	6	6	6	6	6	6	3	6	6	2	5	6	6
2.00pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	3	6	6	6	6	6	6	3	6	6	2	5	6	6
2.30pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	3	6	6	6	6	6	6	3	6	6	2	5	6	6
3.00pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	6	3	6	6	4	5	5	5
3.30pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	6	3	6	6	4	5	2	2
4.00pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	6	3	6	6	4	5	2	2
4.30pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	6	3	6	6	4	5	2	2
5.00pm	6	6	3	6	6	4	4	6	6	3	6	6	6	5	6	6	3	6	6	6	5	6	6	3	6	6	5	5	2	2	2
5.30pm	6	6	3	6	6	4	4	6	6	3	6	6	6	6	6	6	3	6	6	6	6	6	6	3	6	6	5	6	2	2	2
6.00pm		6	6	6	6	6		6	6	6	6	6	6		6	6	6	6	6	6		4	6	6	6	6		2	2	2	
6.30pm		6	6	6	6	6		4	6	6	6	6	6		4	6	6	6	6	6		4	6	6	6	6		2	2	2	
7.00pm		6	6	6	6			4	6	6	6	6			4	6	6	6	6	6		6	6	6	6			2	2	2	
7.30pm		6	6	6	6			6	6	6	6	6			6	6	6	6	6			6	6	6	6			6	6	6	

\* 2 indicates peak periods during Swim School time (2 x 1.5m or 1 x 3m lane only) \* 0 indicates centre event – no lanes available.

**Please be aware that all customers must be out of the water 10 minutes prior to closing and off the premises by closing time.**

Last updated: 28/12/17 at 11:00am

**MOSMAN SWIM CENTRE**

90 Vista Street, Mosman NSW 2088 | PO Box 500, Manly NSW 1655

General Enquiries: 02 9969 3888 | Ezyswim Enquiries: 1300 11 7946

[mosmanswimcentre.com.au](http://mosmanswimcentre.com.au)



Mosman Swim Centre is a community facility operated by Aquatic Leisure Management on behalf of the Mosman Council.

# Mosman Swim Centre thanks its loyal sponsors for their support of the Ezyswim Swimming Club



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